

Child intake Form

Child's Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Child's age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Parent's Name: \_\_\_\_\_ Parent's Name: \_\_\_\_\_

Home phone: \_\_\_\_\_ May I leave a message?      Yes    No

Cell phone: \_\_\_\_\_ May I leave a message?      Yes    No

Work phone: \_\_\_\_\_ May I leave a message?      Yes    No

Email: \_\_\_\_\_ May I email you?              Yes    No

(For appointment scheduling purposes only, as email is not considered a confidential medium of communication).

Type of Insurance for referral purposes: \_\_\_\_\_

How did you hear about me? \_\_\_\_\_

Has your child ever received any mental health treatment in the past? Was this a positive experience for you and/or your child?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please include the names of all previous mental health professionals that have worked with your family and approximate dates of care: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

What are the main reasons you are seeking help for your child? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

What is your hope doing our time together for you and your child? \_\_\_\_\_

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Has your child ever mentioned or attempted wanting to end his or her life?      Yes      No

    If yes, is your child currently suicidal?    Yes    No

Has your child ever mentioned hurting themselves or struggled with self-harm?    Yes    No

Has your child ever been hospitalized for a mental health related condition?    Yes    No

Does your child exercise regularly?      Yes      No

Does your child eat well?                      Yes      No

Does your child sleep 6 to 8 hours/night?      Yes      No

Have you ever suspected or are aware of any alcohol or drug use by your child? If so what kind and how often? \_\_\_\_\_

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Do you or any family member consider his or her drug use to be a problem? \_\_\_\_\_

Please list your child's prescription medication and dosage: \_\_\_\_\_

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Any other general health information you would like me to know about? \_\_\_\_\_

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Has your child ever experienced any trauma including difficult pregnancy, birth, early childhood trauma, or the loss of a loved one? If yes, please explain: \_\_\_\_\_

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### **FAMILY MENTAL HEALTH HISTORY**

In the section below identify if any members of your family and extended family has a history of any of the following. If yes, please indicate the family member's relationship to you in the space provided.



**YOUR CHILD’S SCHOOL, HOME, SOCIAL & PERSONAL FUNCTIONING**

**School/Academics**

Your child’s current grade? \_\_\_\_\_ Has he/she ever repeated a grade? Yes No If so, which? \_\_\_\_\_

School name: \_\_\_\_\_

Does your child enjoy school? \_\_\_\_\_

How much are each of the following areas currently a struggle for your child?

	<b>Not at all 1</b>	<b>A little 2</b>	<b>Somewhat 3</b>	<b>Considerably 4</b>	<b>Terribly 5</b>
Anxiety	1	2	3	4	5
Physical Problems	1	2	3	4	5
Sleep Problems	1	2	3	4	5
Depression	1	2	3	4	5
Alcohol or Substance Abuse	1	2	3	4	5
Parent-Child Conflicts	1	2	3	4	5
Sibling Conflicts	1	2	3	4	5
Social Relationships	1	2	3	4	5
School Problems	1	2	3	4	5
Spiritual/religious	1	2	3	4	5
Legal problems	1	2	3	4	5
Eating Disorder	1	2	3	4	5
Abuse (physical, emotional, sexual)	1	2	3	4	5

Please provide any additional information which you would like me to know or which you feel would be helpful to better understand your child: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_